



The secret to being a good cook is to use great ingredients. The secret to being a great cook is to use your ingredients with love. MH

Country Corn Fresh

Makes 5 - 250 ml jars

- 5 cups fresh whole kernel corn 8 - 10 ears of corn
- 1 cup diced sweet red peppers
- 1 cup chopped celery
- $\frac{3}{4}$ cups diced onions
- $\frac{3}{4}$ cups sugar
- 3 cups white vinegar
- 1 cup water
- 1 tablespoon sea salt
- 1 tablespoon celery seed
- 1 tablespoon mustard seeds
- 1 teaspoon turmeric

Combine all of the ingredients in a large pot over medium high heat. Bring to a boil, reduce heat and simmer for 20 minutes stirring often. Pack in prepared jars.

THE LOVE: This recipe can be made with frozen corn!